

ACTIVITY & COLORING BOOKLET



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

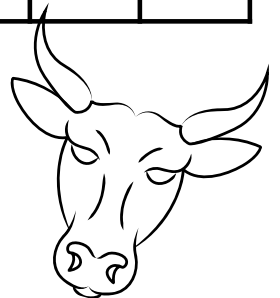
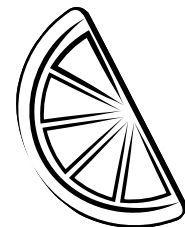
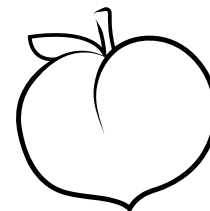
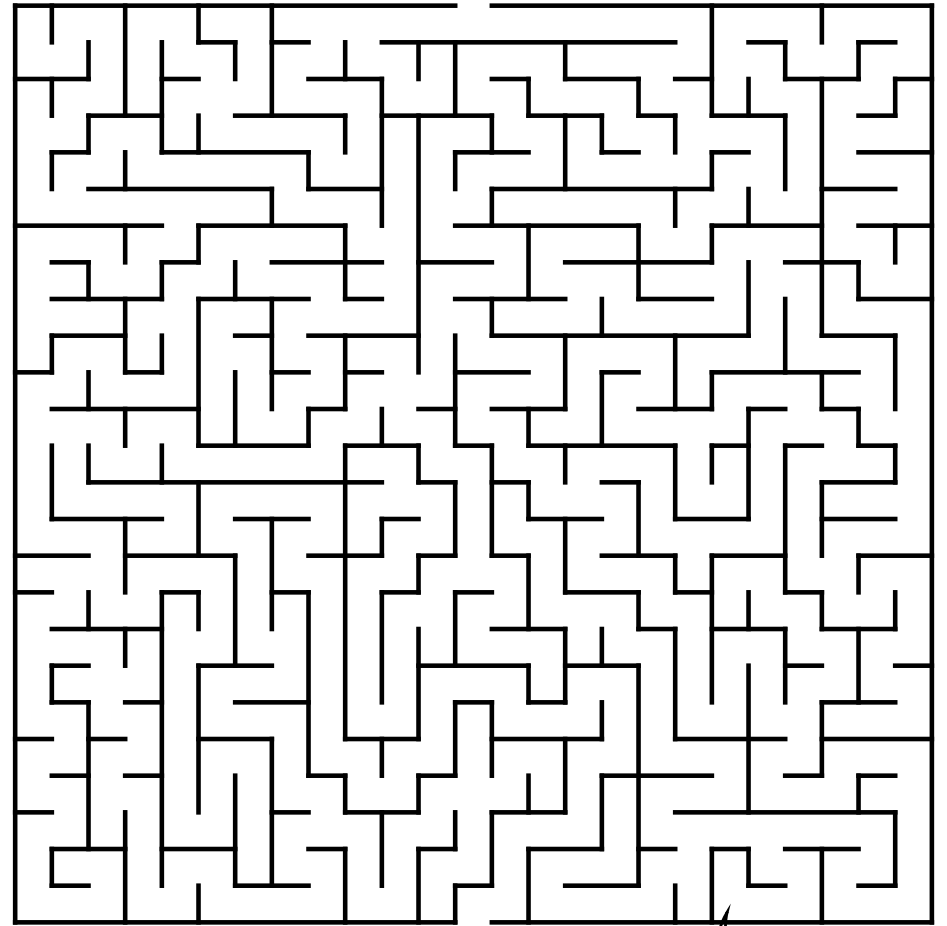
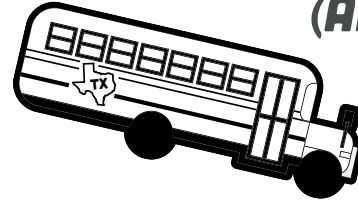
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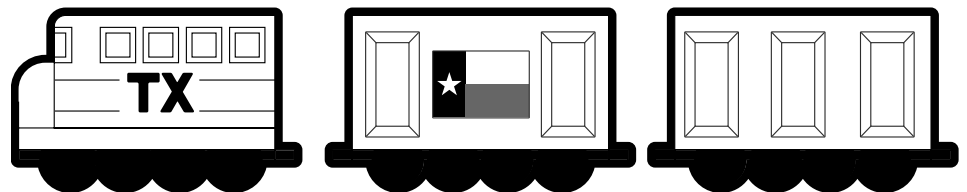
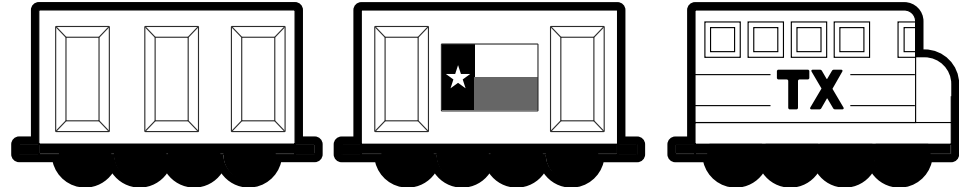
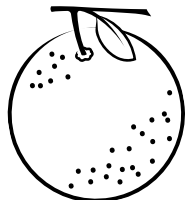
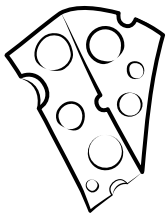
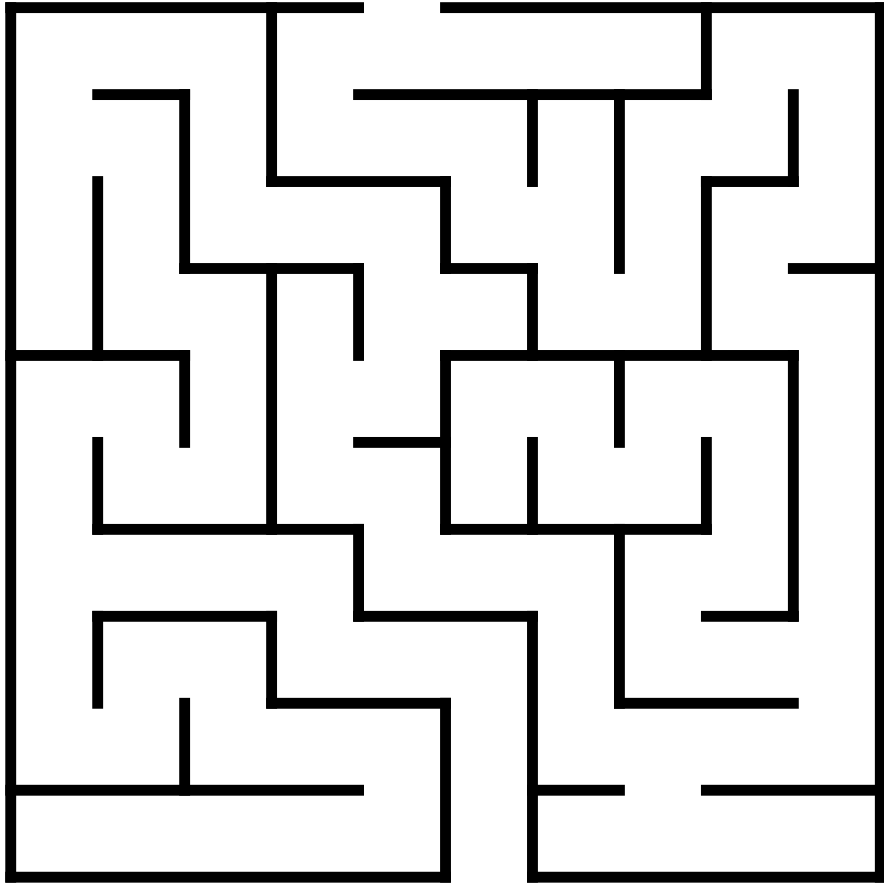
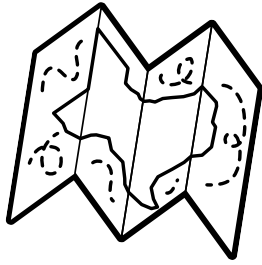
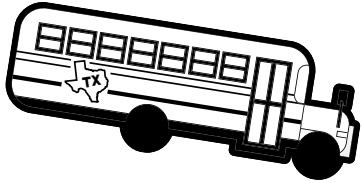
October 2025
Squaremeals.org

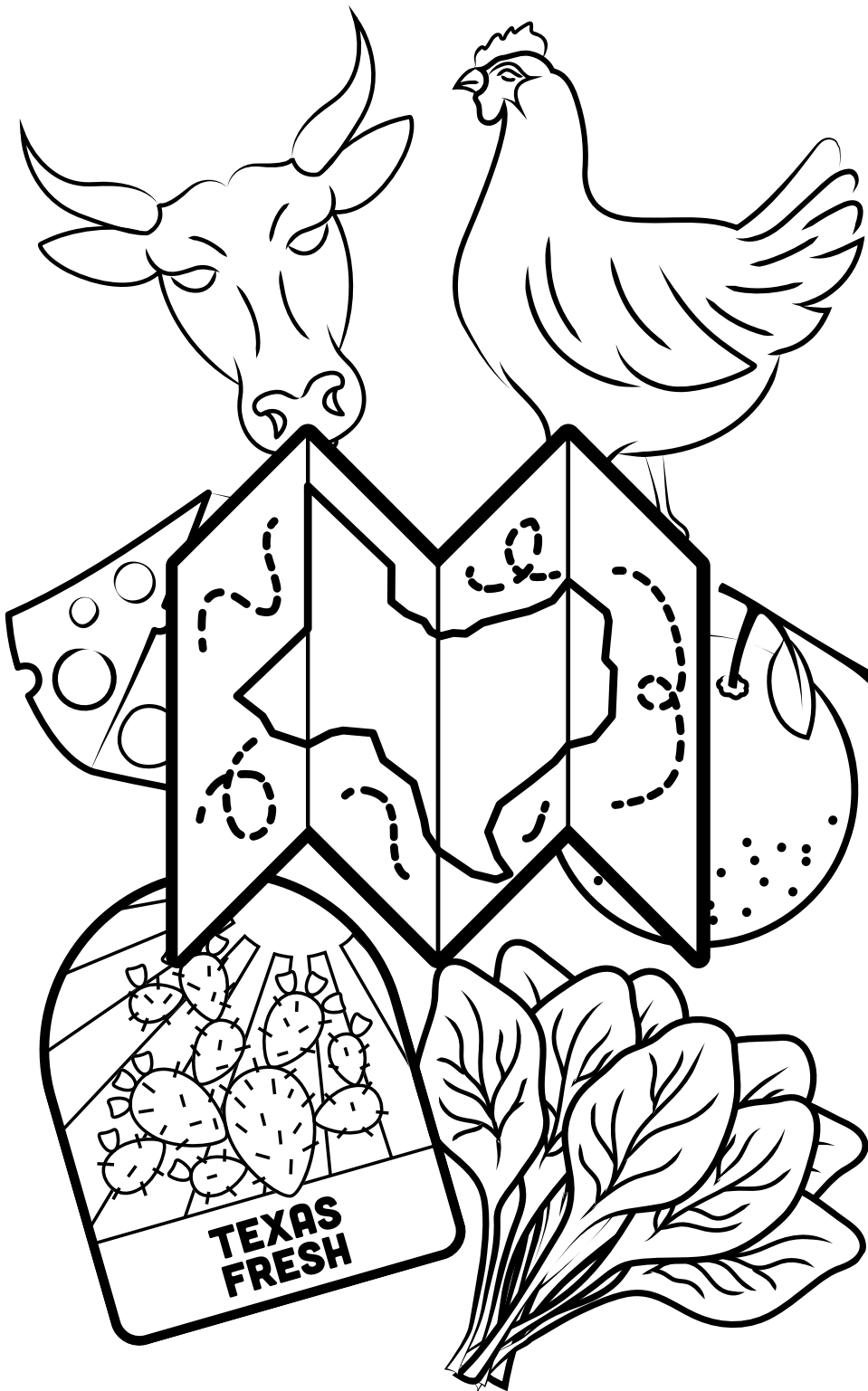
TEXAS TASTE TOUR MAZE

(ADVANCED)



TEXAS TASTE TOUR MAZE





TRAVELING TRAIL MIX

Un-mix the words.

1. ahnipsc

2. rfgiupreat

3. eschee

4. mkli

5. befe

6. omtota

7. eccnhik

8. cehap



Word Box

Chicken

Milk

Peach

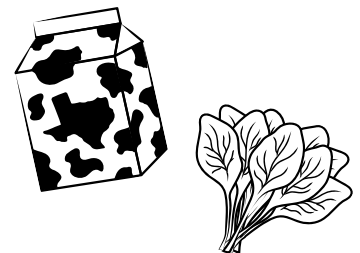
Grapefruit

Cheese

Beef

Spinach

Tomato



Addition & Subtraction Within 20

Find the value of each picture.
Each picture has the same value
across equations.

$$\text{Milk Carton} + 4 = 20$$

$$\text{Milk Carton} = \underline{\hspace{2cm}}$$

$$4 + \text{Cheese} = \text{Milk Carton}$$

$$\text{Cheese} = \underline{\hspace{2cm}}$$

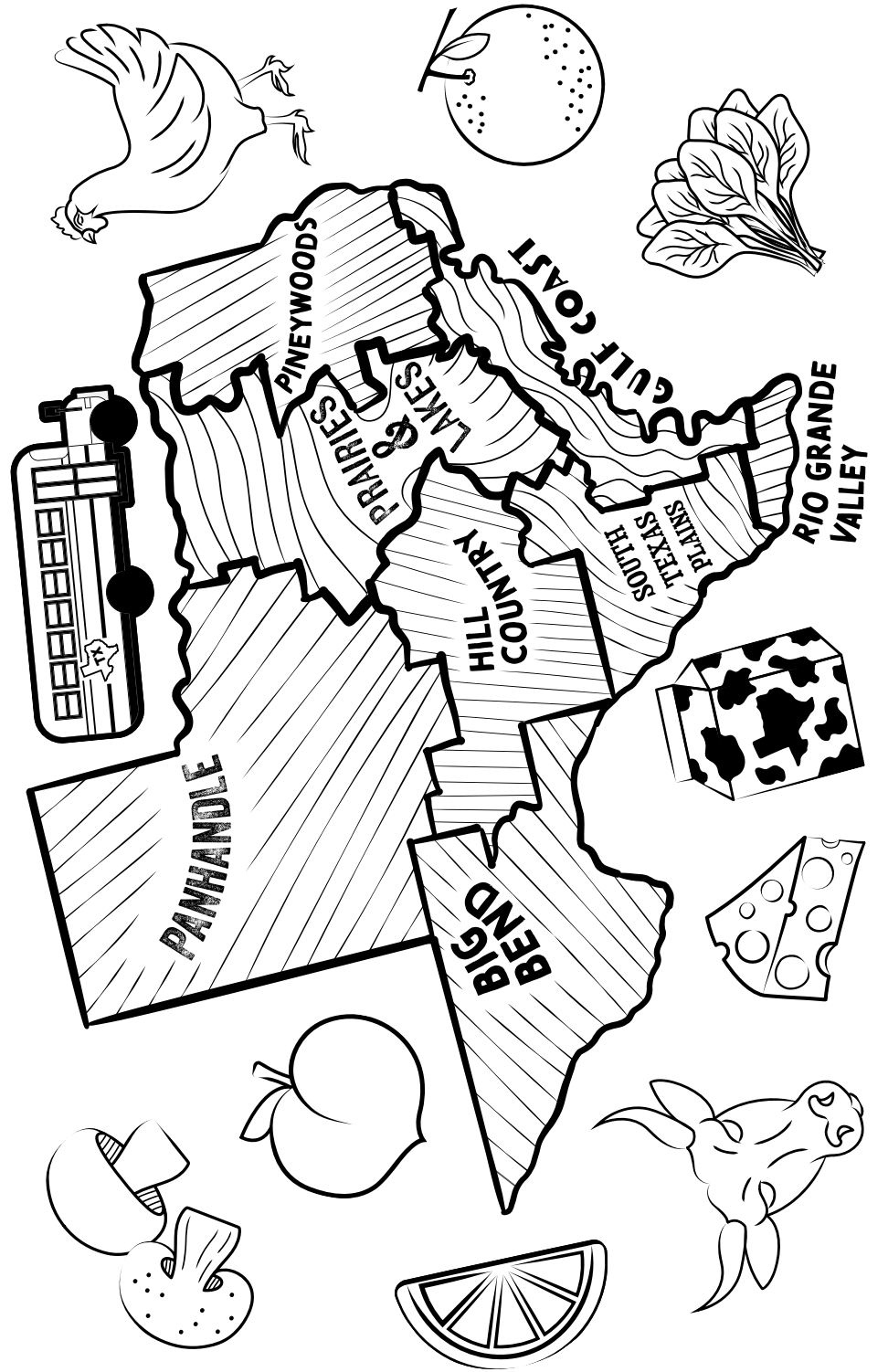
$$\text{Cheese} - \text{Orange} = \text{Orange}$$

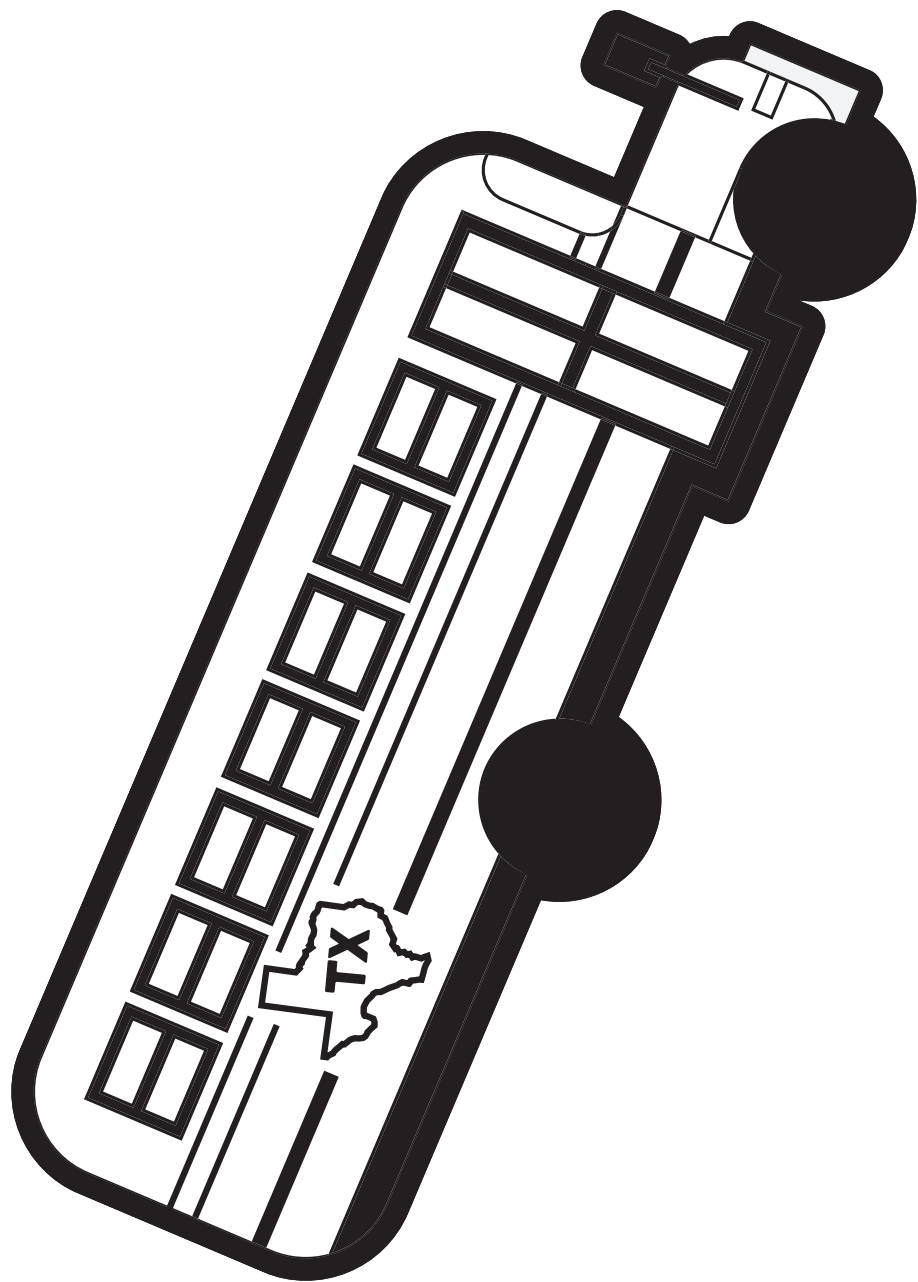
$$\text{Orange} = \underline{\hspace{2cm}}$$

$$\text{Milk Carton} - \text{Spinach} = \text{Orange}$$

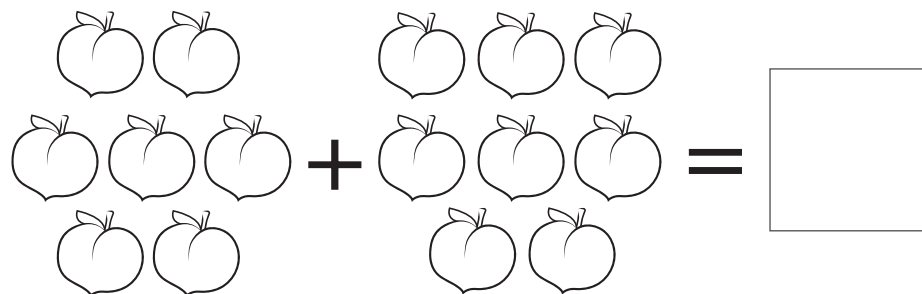
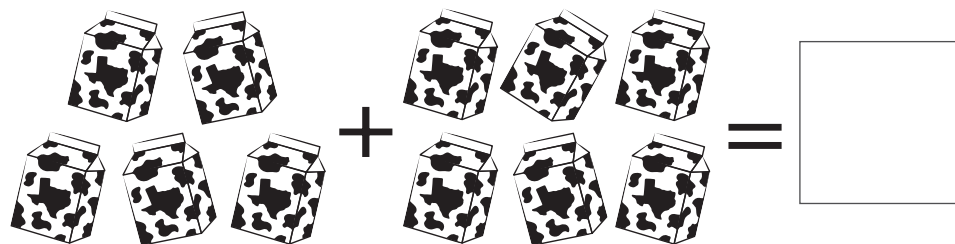
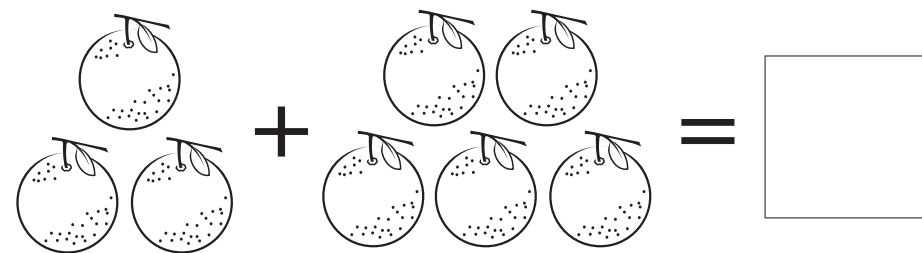
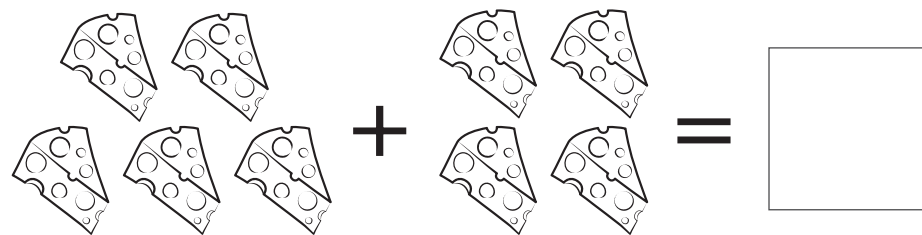
$$\text{Spinach} = \underline{\hspace{2cm}}$$

Write the value
of each picture.

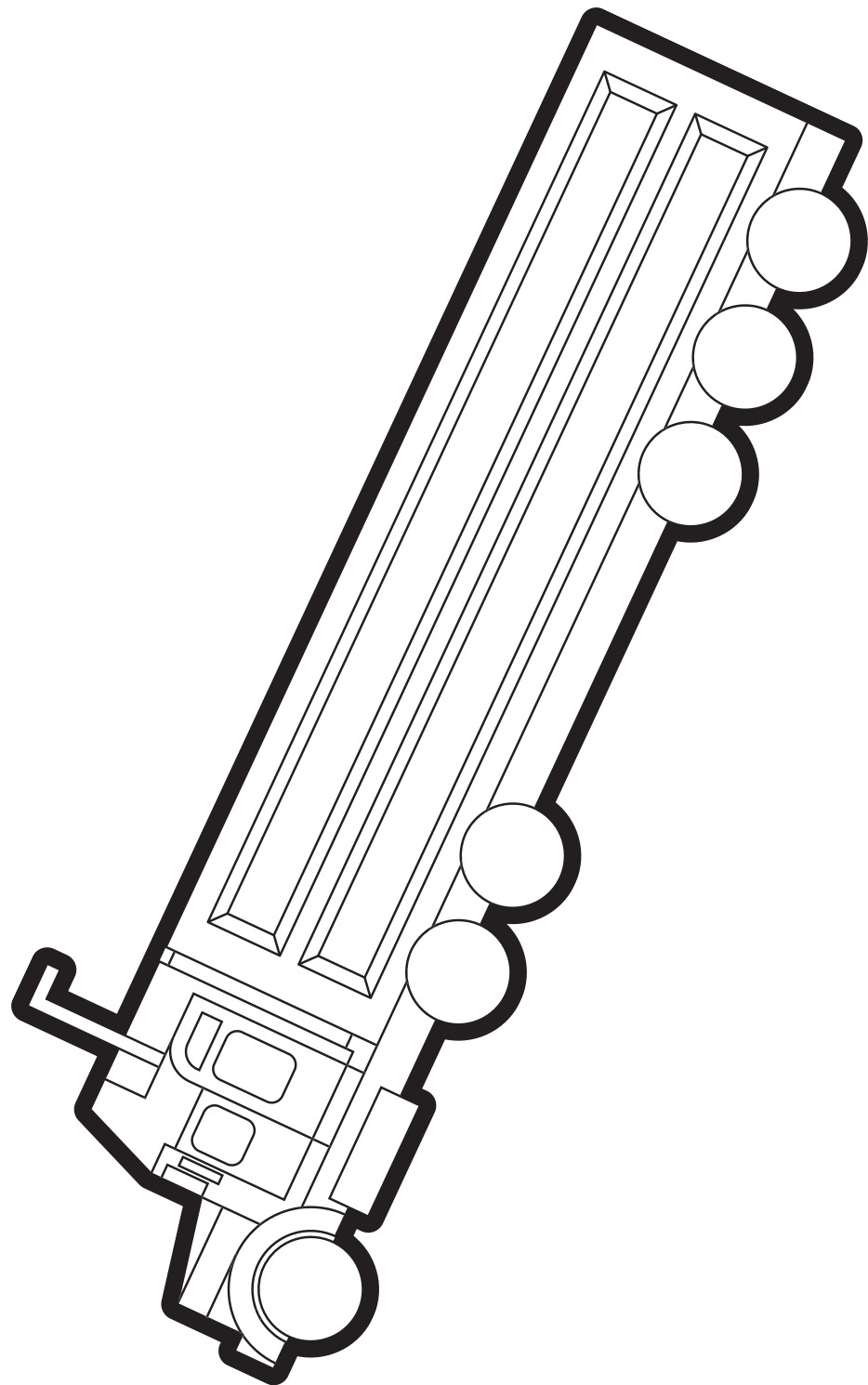
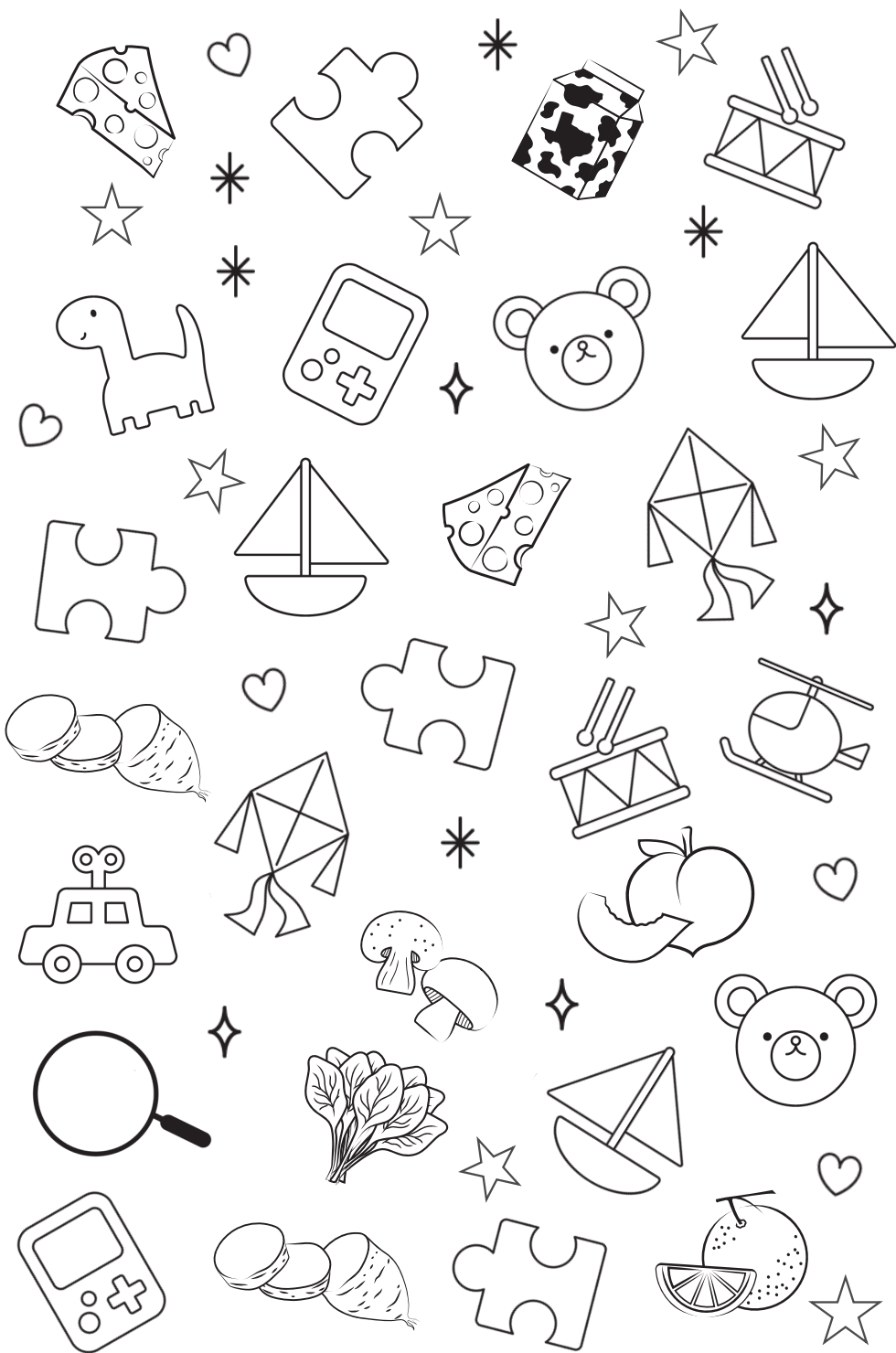




Add up the items below by counting them aloud.



Color or circle the Texas foods!



PANHANDLE



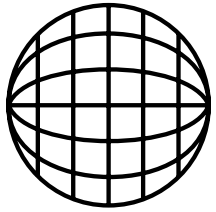
HEREFORD, TEXAS

Hereford produces over 125 million gallons of milk annually.

The **calcium** found in milk and cheese helps keep your bones strong and healthy!

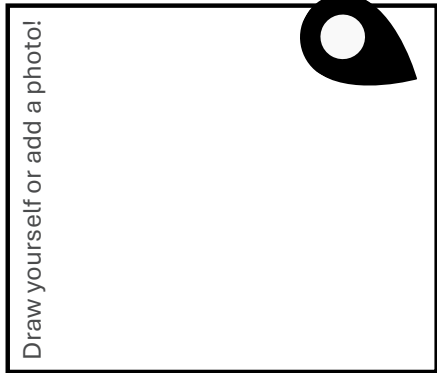
DRAW OR WRITE ABOUT YOUR OWN TRAVEL ADVENTURE!





TEXAS TASTE TOUR PASSPORT

Draw yourself or add a photo!



Name _____

Birthday _____

School _____

Favorite Food _____

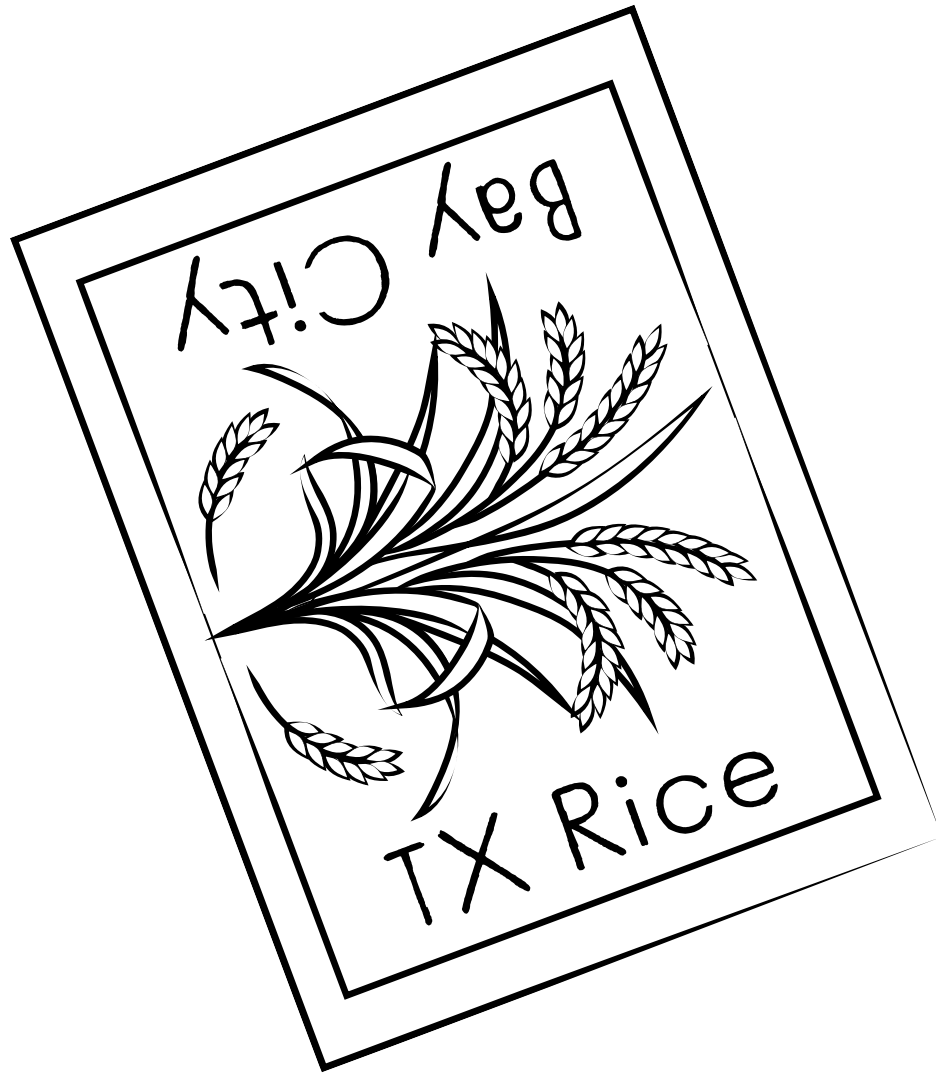
Signature _____

ME!

GULF COAST BAY CITY, TEXAS



Brown rice is a good source of **fiber and carbohydrates** that help keep your digestive system healthy and your body energized!



PINEYWOOD

MADISONVILLE, TEXAS

Texas is the 3rd largest producer of mushrooms in the US, growing primarily white button, baby bella and portabella mushrooms. Madisonville mushrooms are shipped mostly throughout the state, and as far west as Phoenix.

Mushrooms can be a good source of **B vitamins**, which help support your metabolism and keep your body energized!



TASTE TRAVEL WORD SEARCH

Unscramble the words.

Words can be found in any direction (including diagonals) and can overlap each other. Use the word bank below.

B	I	N	O	C	U	L	A	R	S
U	E	V	L	S	T	A	M	P	X
P	I	R	T	D	A	O	R	H	P
B	A	C	K	P	A	C	K	I	A
C	S	U	T	C	A	C	I	G	S
R	A	I	L	R	O	A	D	H	S
D	S	T	O	O	B	Y	E	W	P
D	K	H	K	Q	J	D	X	A	O
N	R	O	H	G	N	O	L	Y	R
J	R	R	E	V	F	X	F	S	T

1. boots
2. highways
3. stamp
4. binoculars
5. cactus
6. passport
7. longhorn
8. railroad
9. backpack
10. roadtrip

LUNCH WORD SEARCH

Unscramble the words.

Words can be found in any direction (including diagonals) and can overlap each other. Use the word bank below.

K	E	N	L	H	Z	N	E	M	S
F	H	S	A	C	I	S	I	F	M
N	I	S	U	A	E	L	J	K	E
E	S	V	R	E	K	F	J	I	M
K	C	G	H	P	E	B	F	O	J
C	D	C	S	J	C	L	M	T	X
I	Y	U	X	P	I	D	U	A	X
H	M	U	S	H	R	O	O	M	S
C	E	B	E	E	F	U	L	O	M
X	S	P	I	N	A	C	H	T	J

1. tomato
2. grain
3. peach
4. beef
5. milk
6. chicken
7. rice
8. cheese
9. spinach
10. mushrooms

PRAIRIES & LAKES

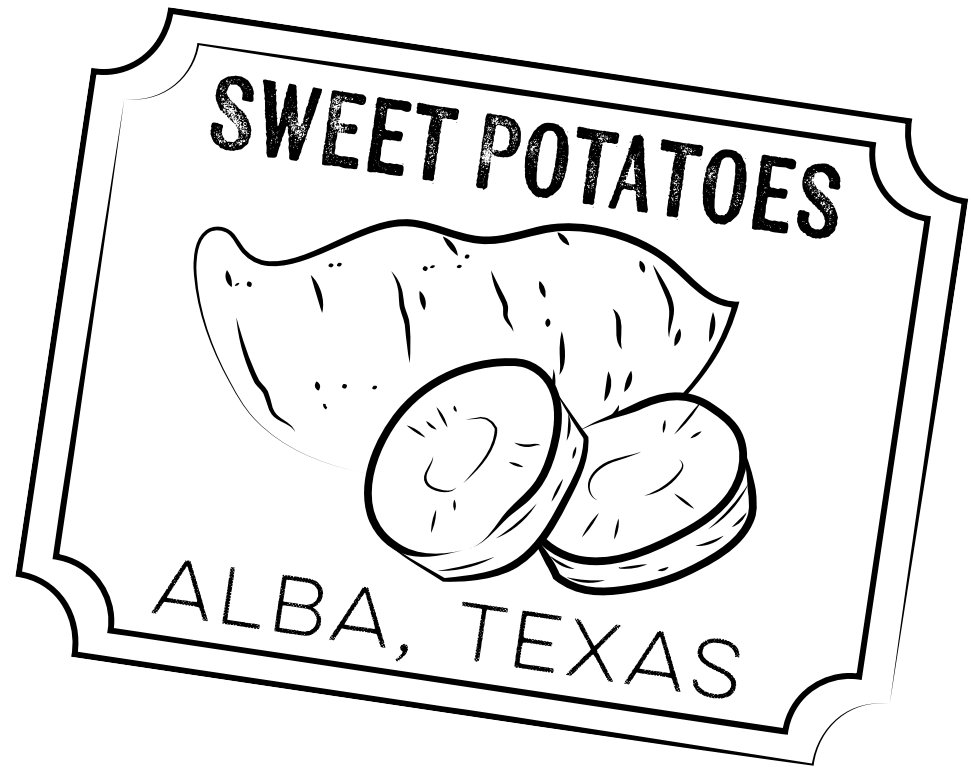


ALBA, TEXAS

Texas is the nation's 5th largest producer of sweet potatoes.

Commercial production is concentrated in Van Zandt County.

Sweet potatoes are a good source of **vitamin A, potassium, and Fiber!**

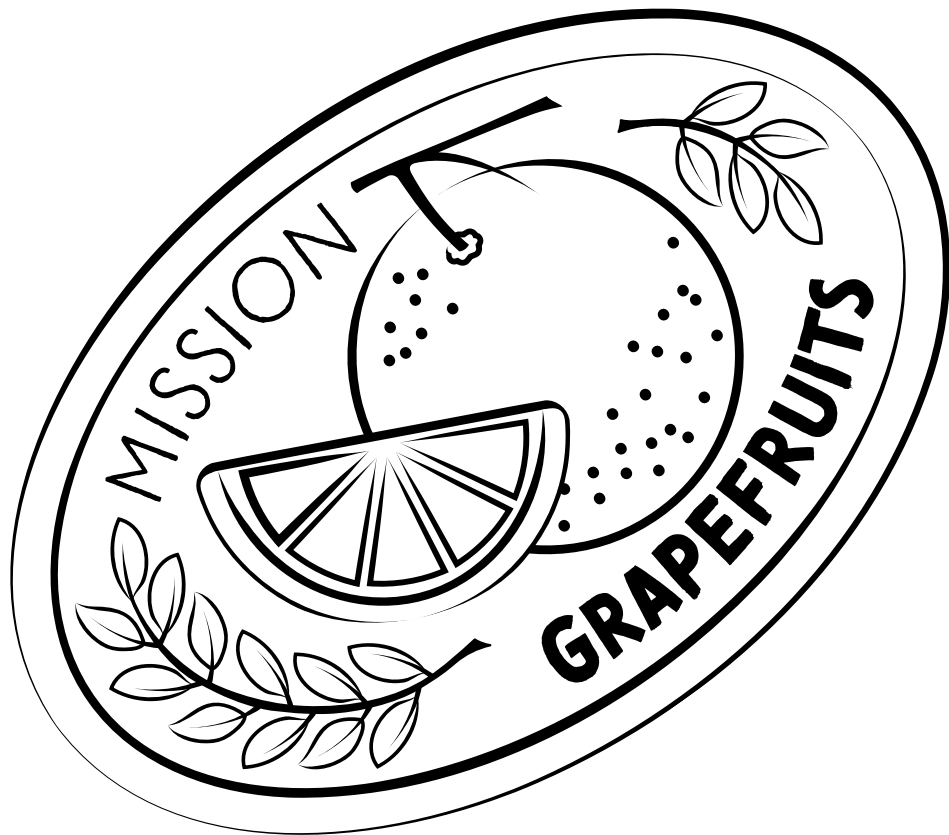


RIO GRANDE VALLEY



MISSION, TEXAS

Texas is the nation's 3rd largest producer of grapefruit. Grapefruit is a **good source of vitamin C** that supports your immune system and helps keep your body healthy!



HILL COUNTRY



FREDERICKSBURG, TEXAS

One of the largest peach-producing counties in Texas contains about 600 acres of trees and more than 20 different varieties of peaches.

Peaches are a good source of **vitamin A and C**, which help keep your skin, eyes, and immune system healthy!

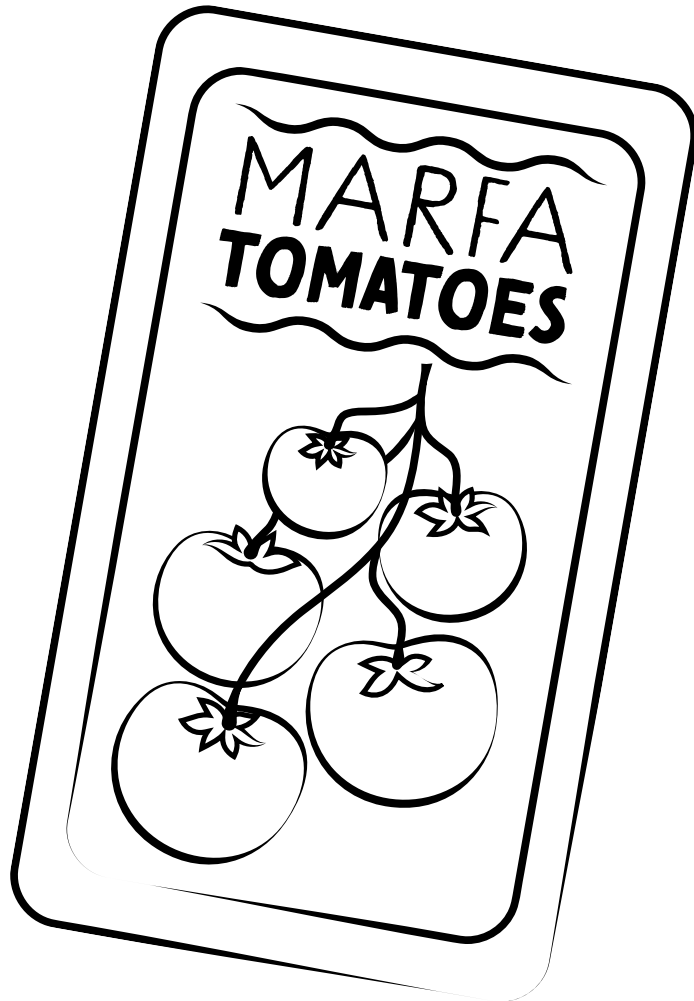


BIG BEND

MARFA, TEXAS

West Texas produces about 90% of the tomatoes grown in Texas.

Tomatoes are a good source of **vitamin C and lycopene**, which help keep your immune system healthy!



SOUTH TEXAS PLAINS

LA PRYOR, TEXAS

Tiro Tres Farms is 1 of 3 large-scale spinach farms in Texas.

Spinach can be a **good source of iron and vitamin A**, which help keep your eyes and body healthy!



PANHANDLE

HEREFORD, TEXAS

Hereford is the “**Beef Capital of the World!**”

Hereford produces over 1 billion pounds of beef annually.

Protein found in beef helps carry nutrients around your body, keep your muscles strong, and fight infection!



PINEYWOODS

TYLER, TEXAS

Wayne-Sanderson Farms is the **largest chicken producer** in Texas and 3rd largest in the US!

